

VCE, FCS Family Focus Presents Active Parenting First Five Years

Building a Strong Foundation for Children From Birth to Age 5
A VCE Family and Consumer Sciences Program

Wednesdays

April 24th through May 29th, 2024

10:00 am to 11:30 am

**This 6 week research-based parenting class is
perfect for new parents and parents with children to age five.**

Parents will learn:

- ◆ **Ages and stages of development**
- ◆ **Building a strong bond**
- ◆ **Your child's growing brain**
- ◆ **Effective discipline young children can understand**
- ◆ **And much more**



Location:

**VCE, FCS Family Focus Yorktown,
118 Old York-Hampton Hwy
Yorktown, Virginia**



\$15.00 book and class fee.

Cash or Checks payable to VCE-JCC (There is a \$50 return check fee.)

Registration is required and childcare is available. Space is limited.

Scholarships available upon request.

**To register for this workshop or for more information,
please leave a voice mail message at**

Supported by the Virginia Department of Social Services Family Violence Prevention Program grant. Additional funding is provided by Private and Civic Charitable Contributions and by Revenue provided by Program Participants.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact James City County Unit at 757/564-2170/TDD* during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 10 days prior to the event. *TDD Number (800) 828-1120



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